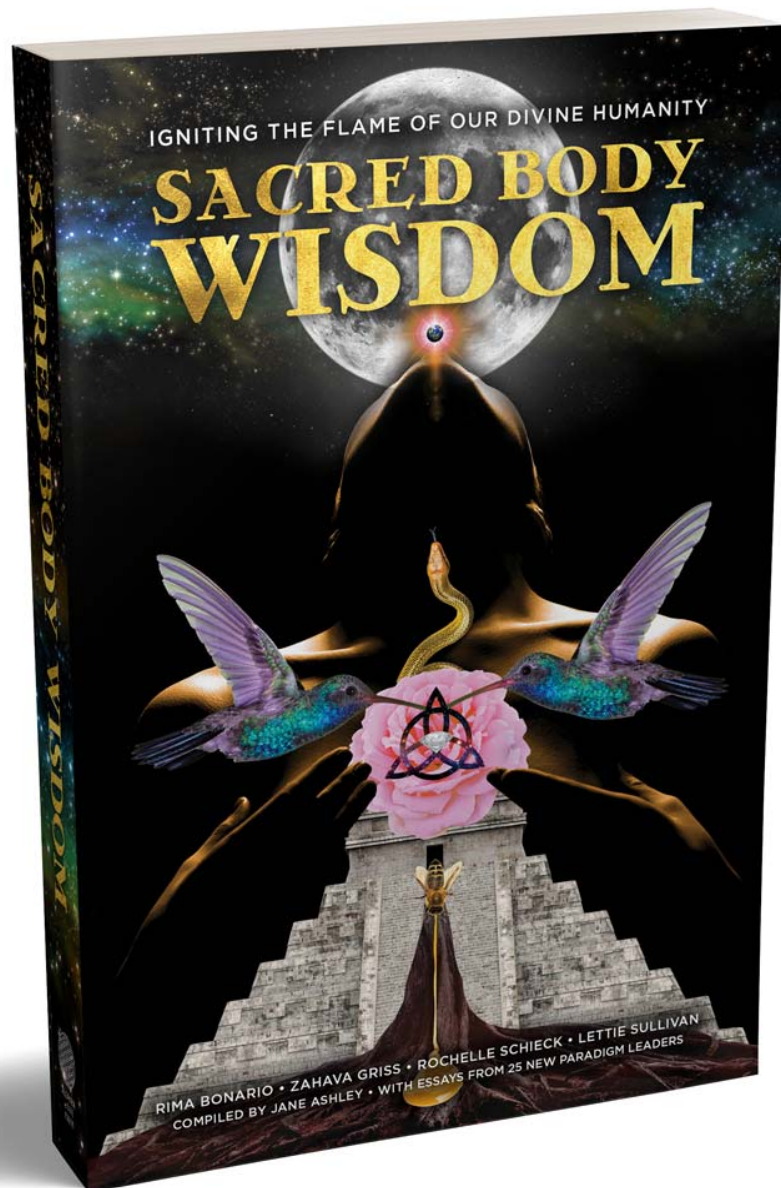


I am SO thrilled that our book "Sacred Body Wisdom, Igniting the Flames of Our Divine Humanity" is an Amazon BESTSELLER!- you can get your copy here: <https://www.amazon.com/Sacred-Body-Wisdom-Igning-.../B07MXXCS1K> or beginning February 20th signed copies will be available for sale in Oasis Shoppe within Earth Harmony Wellness.



Say YES to Body Liberation.

Your body is your temple—the Sacred home that carries you through your life journey... the only one you have this time around, right?

Yet, we often spend life fighting the body, abusing it, and hating ourselves for being seen inside a skin that isn't perfect—*sculpted of muscles and fat in just the right proportion, gender correct, smelling nice, no wrinkles, no rolls, no frizz...and on and on.*

You may know this torture chamber of negative self-talk. And if so, only YOU can stop the war with your body!

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By making peace with your body and treating it with unconditional love and respect, you will discover the heart of your own Sacred Body Wisdom.

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